



SENIOR CITIZENS ADVISORY BOARD AGENDA

Tuesday, March 18, 2014 • **8:45 A.M.** • San Bruno Senior Center
(Please note time change)

WELCOME TO OUR ADVISORY BOARD MEETING . . .

If you wish to speak on an item under discussion by the Board and appearing on the agenda, you may do so upon receiving recognition from the Board Chair. If you wish to speak on a matter *not* appearing on the agenda, you may do so during PUBLIC COMMENT. In compliance with the American Disabilities Act, individuals requiring accommodation for this meeting should notify us **48** hours prior to the meeting (616-7150).

A. APPROVAL OF MINUTES: February 2014 Minutes

B. TREASURER'S REPORT: February Report

C. SUGGESTION BOX:

1. Suggestion to raise Pedro fees from \$2 to \$3 from Jennie Pitsch.

D. UNFINISHED BUSINESS:

E. COMMUNICATIONS:

F. STAFF REPORTS:

1. **Mary E. Tessier** – February Recreation Report
2. **Susan Mrsny** – February Outreach Report
3. **Gloria Deeter** – February Nutrition Report
4. **Mary E. Tessier** – February Class Participation Report
5. **John Alita** – Assistant Director's Report

G. COMMITTEE REPORTS:

1. Special Events Committee
 - a. Minutes of the March 3, 2014 Meeting.

H. NEW BUSINESS:

1. Review Service Animal Policy

I. PUBLIC COMMENT ON ITEMS NOT ON AGENDA:

Individuals allowed three minutes, groups in attendance, five minutes. Please state your name and address; if you are representing an organization, please state the name of the organization. It is the Board's policy to refer matters raised in this forum to staff for investigation and/or action where appropriate. The Brown Act prohibits the Board from discussing or acting upon any matter not agenzized pursuant to State Law.

J. ADJOURNMENT:

***** POSTED PURSUANT TO LAW *****

**SAN BRUNO SENIOR CENTER
FINANCIAL REPORT
February 2014**

Checking Account Balance 1/31/2014	\$ 29,829.29
Income checking account	\$ 0.26
Checks	\$ (2,166.94)
Fees	<u>\$ (6.00)</u>
Checking Account Balance 2/28/2014	\$ 27,656.61
Amount held at City of San Bruno prior 7/1/2013	\$103,932.20
Amount deposited to City since 7/1/2013	\$ 8,227.95
Deposit made to City account February	\$ 671.60
Deposit made to City account February	\$ 394.55
Amount deposited to City this fiscal year	\$ 9,294.10
TOTAL NET WORTH FEBRUARY, 2014	\$140,882.91

Pedro

Feb 21-2014

I've asked many players if they would mind paying \$3.00 to play every week instead of \$2.00. You are getting \$.50 from every player out of the \$2.00 = \$1.50 going for prize money. If it was raised to \$3.00, you would be getting \$1.00 from each player and \$2.00 for prize money.

The players are very satisfied with that arrangement should you decide to do it.

Course there are always a few ~~people~~ that says "no" to everything. One person didn't even want the mailbox I worked to get in.

Go for it. It will do everyone good.

Sincerely,

Pedro Jennie so I was heard I'm called.

I'd like John the Gladiators comments

DATE: January 19, 2016
TO: Senior Advisory Board
FROM: Senior Center, Mary E. Tessier
SUBJECT: Recreation Items

February

2/14/14: Valentine's Party: 200 people celebrated Valentine's Day with dancing to the "Ron Borelli Trio". Everyone enjoyed a Baked Chicken lunch and dessert donated by Westborough Royale.

2/14 & 21/14: Computer Club Presentations: 9 people attended the PICASA Photo Presentation with George Porta on 2/14. 16 people attended the Internet Part 1 demonstration on 2/21.

2/19/14: Winter Horseshoe League: The Winter league began with the most teams to date. There are 13 teams with 26 players participating in the League.

2/20/14: Crystal Springs Poetry Salon: 9 people attended the first poetry group led by Jenn Palladino. There will be two more sessions next month for aspiring poets.

2/26/13: Tulipmania Tour: 21 seniors enjoyed a trip to Pier 39 for lunch, browsing and a tour of "Tulipmania" which was led by one of the gardeners who maintains the tulip beds scattered throughout the pier. The Senior Center bus provided transportation to and from San Francisco.

AARP Tax Assistance Program: In February 128 people utilized this free service to have their taxes completed by the AARP volunteers.

DATE: March 6, 2014

TO: San Bruno Senior Citizens Advisory Board

FROM: Susan Mrsny

SUBJECT: Monthly Outreach Report

Information/Referral: During the month of February Thirty-Five (35) individuals were assisted with a variety of information and referral needs.

Housing: Four people were referred to Human Investment Project. (HIP) Referrals were Made for Assisted Living and Retirement Centers.

Health: Three individuals had questions pertaining to Home Health Agencies on how to hire a caregiver for a loved one, as well as questions on Dementia and Alzheimer's.

Referrals to Social Worker:

Two people were referred to San Mateo County Social Worker with questions and concerns.

Legal: Two referrals were made to Legal Aid Society of San Mateo.

Community Outreach:

Three people were assisted on an individual basis through residential outreach. The assistance involved work with Lifeline, conferring with Home Health Agencies, Meals on Wheels.

Shopping/Food:

Four individuals with frailties were assisted with shopping needs through a program called S.A.S.H. (Shopping Assistance for Senior's who are Homebound), as well as referrals to Second Harvest Food Bank. This program provides a supplemental bag of groceries for low-income seniors.

Insurance:

Two people were assisted with questions and concerns regarding medical insurance and Medicare, as well as Long Term Care Insurance.

Information/Referral/Assistance:

Fifteen people requested assistance with a variety of questions and concerns. One Hundred Twenty-Six individuals were assisted through the Tax Assistance Program provided by AARP.

March 07, 2014

City of San Bruno
San Bruno Senior Center
February 2014
Advisory Report
Nutrition Program

The nutrition site had 83 volunteers to run the nutrition program. We received a total of 1641 volunteer hours for the month of February. The lunch program served a total of 19 days in February. In February, the program served a total of 1765 hot meals and salads from the salad bar.

Food donations from the Nutrition Site Outreach program, they were to the St. Vincent de Paul, Fire House, A.C.R.C., San Mateo County Teachers Assoc., San Bruno Park Dept., Primrose House, San Bruno Garbage Company, San Mateo County Kaiser Nurse Org, Saint Bruno Church.

To prepare for the Nutrition programs daily lunches, there are many tasks to be performed. These tasks include planning a nutritional menu, to be approved by the San Mateo County Dietician; shop for all items necessary for the lunch program (food and supplies), prepare, cook and serve on site daily and input the transportation and lunch clients into the Aging and Adult Service computer system.

Events in February

February 14, 2014 Valentine Party – Over 200 people came to celebrate Valentine’s Day and enjoyed a nice hot lunch.

Gloria Deeter and the Nutrition Site volunteers created most of the meals in February

Upcoming Events in March

March 17, 2014 Saint Patrick’s Day Party

Gloria Deeter and the Nutrition Site volunteers will create most of the meals in March

Gloria Deeter,
Community Service Supervisor

	February-14							Total
	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	
AARP	3 10 17 24	4 11 18 25	5 12 19 26	6 13 20 27	7 14 21 28	8 15 22	9 16 23	116
Aerobic Exercise	36 31	30 33 30 33		17 22 16	31 18 25 24	103		377
Ballroom Dance/Line		23 22 20 17		3 7 12 6	66 81 61 94		34	266
Bingo	51 54	64	73 88 71 62	150 151 152 149				1367
Birthdays Club								0
Bocce								0
Bridge					4 4			8
Ceramics	20 18 L 19							19
Computers	10 10 O 13	2 8 6 4	10 10 13 11	7 8 7 6	3 9 16 17			150
Current Events			10 11 11 11					43
Driver Safety								0
Gardening					3 3			6
Health/Eyeglass/Spkr			11					48
HICAP		3 2 2						7
Hiking/Walking	15 16		17 19 17 5		10 15 16 14			159
Horseshoes			27 7 26					60
Knitting					9 8 12 6			35
Stained Glass			12 13 12 14					51
Movie/Singing/Karaoke	12 12	14			35			73
Oil Painting								90
Pedro				23 20 25 22				220
Pilates	17 14	12		52 56 56 56				43
Pool	12 16	14	16 15 17 16	18 19 20 18	11 19 14 15			302
Softball/Ping Pong				5 15 20 8	5 8 9 10			80
Spanish			21 23 18 20					82
Special Event					200			200
Famous Faces & Places	12	11						23
Tai Chi			4 7 8 6					25
Tap Dance	10 10	10						30
Taxes		24 40 32 32						128
Trips		37 21						103
Ukulele		13 16 16 13					45	58
Western Line		23 27 28 32	36 43 41 30					260
Writing				7				46
Yoga/Qi Gong	14 13	10	13 13 13 11	20 18 14 18				157
Total	197 206 0 213 155 223 190 167 218 236 226 168 285 321 347 309 173 362 157 220 0 103 0 0 34 0 100 67	4677						

DRAFT

SPECIAL EVENTS COMMITTEE

March 3, 2014

Members in attendance were Dorothy Carmichael, Raoul Epling, Marie Samora and Elisa Gerald. Mary Tessier took the minutes.

1. Minutes from the January meeting were accepted as written.
2. **Sunday Programs:** The First Sunday Line Dance in February had 34 people. 55 people attended the Third Sunday Dance. There were 67 people at the Last Sunday Dance.
3. **Trips:** 37 people attended the Cache Creek trip in February. The March trip to Graton filled up quickly, so Barbara planned another trip on April 1st. Dorothy's overnight to the Blossom Trail Festival went very well and profited \$385 for the Center. The next trip will be a St. Patrick's Show at the Irish Cultural Center on March 14th. Other trips include Treasure Island with Craig Smith in April, "Du Berry was a Lady" in May and an overnight to Reno in July, which will include fireworks and a Train Ride. In the fall possible trips include Fleet Week, Horse Races and Beach Blanket Babylon. June is planning an overnight to Tahoe in September.
4. **Birthday Club:** There were 52 people at the Birthday Club Dinner in February for a profit of \$92.
5. **Upcoming Parties:** The Valentine's Day Party was a sell out and the "Ron Borelli Trio" did a great job. We will use Kathy & Joe for Mardis Gras and "Swing Shift" for the St. Patrick's Day Party. On April 16th we will have our Spring Party and will use the "Bob Gutierrez Extended Band". The Mother's Day Party will be on Friday, May 9th and we will use the "Ron Borelli Trio" again. There was discussion about the entertainment for the Father's Day Party and Raoul suggested that we try "Nob Hill Sounds". The Independence Day Party will be on Thursday July 3rd with Kathy & Joe providing the entertainment. We will also have another Manny Dance Party on Saturday July 26th. We will try to book the "California Cowboys" for our Summer Party instead of Joni Morris. Mary asked the Committee if they would like to have another Cocktail Party co-sponsored by "Home Helpers" this year. The Committee liked the idea and mentioned June or August as possible months. Mary will check with Mitch to see if he is willing to help with a party again.
6. **Variety Show:** We are only having one Variety Show this year, since there were fewer acts at the last 2013 show. The show will be on September 12th this year with Raoul as our wonderful host.
7. **The next Special Events Meeting will be on Monday May 5, 2014 at 1:00 PM.**