

**SENIOR CITIZENS ADVISORY BOARD AGENDA**

Tuesday, January 21, 2014 • 9:00 A.M. • San Bruno Senior Center

WELCOME TO OUR ADVISORY BOARD MEETING . . .

If you wish to speak on an item under discussion by the Board and appearing on the agenda, you may do so upon receiving recognition from the Board Chair. If you wish to speak on a matter not appearing on the agenda, you may do so during PUBLIC COMMENT. In compliance with the American Disabilities Act, individuals requiring accommodation for this meeting should notify us 48 hours prior to the meeting (616-7150).

A. APPROVAL OF MINUTES: November & December 2013 Minutes**B. TREASURER'S REPORT:** December Report**C. SUGGESTION BOX:****D. UNFINISHED BUSINESS:**

1. Update and Discussion on Senior Endowment Fund Recognition Plaques

E. COMMUNICATIONS:**F. STAFF REPORTS:**

1. **Mary E. Tessier** – December Recreation Report
2. **Susan Mrsny** – December Outreach Report
3. **Gloria Deeter** – December Nutrition Report
4. **Mary E. Tessier** – December Class Participation Report
5. **John Alita** – Assistant Director's Report

G. COMMITTEE REPORTS:

1. Special Events Committee
 - a. Minutes of the January 6, 2014 Meeting
 - i. **Recommendation that meetings be held on every odd month in 2014.**

H. NEW BUSINESS:

2. Senior Advisory Board Election Process

I. PUBLIC COMMENT ON ITEMS NOT ON AGENDA:

Individuals allowed three minutes, groups in attendance, five minutes. Please state your name and address; if you are representing an organization, please state the name of the organization. It is the Board's policy to refer matters raised in this forum to staff for investigation and/or action where appropriate. The Brown Act prohibits the Board from discussing or acting upon any matter not agenzized pursuant to State Law.

J. ADJOURNMENT:***** POSTED PURSUANT TO LAW *****

**SAN BRUNO SENIOR CENTER
FINANCIAL REPORT
December 2013**

Checking Account Balance 11/31/2013	\$ 31,276.99
Income checking account	\$ 0.26
Checks	\$ (1,436.22)
Fees	<u>\$ (6.00)</u>
Checking Account Balance 12/31/2013	\$ 29,835.03
Amount held at City of San Bruno prior 7/1/2013	\$103,932.20
Amount deposited to City since 7/1/2013	\$ 6,727.10
Deposit made to City account December	\$ 188.00
Deposit made to City account December	\$ 755.95
Amount deposited to City this fiscal year	\$ 7,671.05
TOTAL NET WORTH DECEMBER 31, 2013	\$141,438.28

DATE: January 19, 2016
TO: Senior Advisory Board
FROM: Senior Center, Mary E. Tessier
SUBJECT: Recreation Items

December

12/8-9/13: Reno Overnight: 47 seniors traveled to Reno for an overnight stay at the Eldorado and an Ice Skating Show.

12/15/13: Holiday Performance: 65 people got in the holiday spirit with a special show filled with singing and dancing by the “Estelle Kelley Performing Arts Group”.

12/17/13: Lovey’s Tea Shoppe Trip: 17 people participated in “High Tea” at this quaint tea house in Pacifica. After lunch some of the group browsed in the stores while others took an ocean front walk. The Senior Center bus provided transportation to and from Pacifica.

12/20/13: Holiday Party: 235 seniors enjoyed dancing to the “The Swing Shift Band”, a visit from Santa and a ham luncheon.

12/29/13 – 1/2/14: New Year’s Trip: 24 seniors traveled to Palm Springs with Golden West Travel. The highlight of the trip was the final New Year’s performance of the Palm Springs Follies.

12/31/13: New Year’s Party: 230 people joined in this festive celebration, which included dancing to the “Knights of Nostalgia” Band, a Salmon or Steak Lunch and a Noon Champagne Toast. Bingo was cancelled that day, so we were able to have three hours of music and dancing.

DATE: January 10, 2014
TO: San Bruno Senior Citizens Advisory Board
FROM: Susan Mrsny
SUBJECT: Monthly Outreach Report

Information/Referral: During the month of December Fifty-Two (52) individuals were assisted with a variety of information and referral needs.

Housing: Eight people were referred to Human Investment Project. (HIP) Referrals were For Assisted Living and Retirement Centers.

Health: Four individuals had questions pertaining to Home Health Agencies on how to Hire a caregiver for a loved one, as well as questions on Dementia and Alzheimer's.

Referrals to Social Worker: Two people were referred to San Mateo County Social Worker with questions and concerns.

Legal: Two referrals were made to Legal Aid Society of San Mateo.

Community Outreach: Five people were assisted on an individual basis through residential outreach. The assistance involved work with Lifeline, conferring with Home Health Agencies, Meals on Wheels.

Shopping/Food: Three individuals with frailties were assisted with shopping needs through a program called S.A.S.H. (Shopping Assistance for Senior's who are Homebound), as well as referrals to Second Harvest Food Bank. This program provides a supplemental bag of groceries for low-income seniors.

Insurance: Three people were assisted with questions and concerns regarding medical insurance and Medicare, as well as Long Term Care Insurance.

Information/Referral/Assistance: Twenty-Five people requested assistance with a variety of questions and concerns.

January 17, 2014

City of San Bruno
San Bruno Senior Center
December 2013
Advisory Report
Nutrition Program

The nutrition site had 79 volunteers to run the nutrition program. We received a total of 1753 volunteer hours for the month of December. The lunch program served a total of 20 days in December. In December, the program served a total of 1753 hot meals and salads from the salad bar.

Food donations from the Nutrition Site Outreach program, they were to the St. Vincent de Paul, Fire House, A.C.R.C., San Mateo County Teachers Assoc., San Bruno Park Dept., Primrose House, San Bruno Garbage Company, San Mateo County Kaiser Nurse Org, Saint Bruno Church.

To prepare for the Nutrition programs daily lunches, there are many tasks to be performed. These tasks include planning a nutritional menu, to be approved by the San Mateo County Dietician; shop for all items necessary for the lunch program (food and supplies), prepare, cook and serve on site daily and input the transportation and lunch clients into the Aging and Adult Service computer system.

Events in December

December 13, 2013 – “The Estelle Kelley Performing Arts Group”, 96 people attended this entertaining performance

December 20, 2013 – Christmas Party, 194 people celebrated this very special holiday party.

December 31, 2013 – New Year’s Eve Day Party, 227 people came to celebrated the New Years with us at the Senior Center

Gloria Deeter and the Nutrition Site volunteers created most of the meals in December

Upcoming Events in January

January 15, 2014, San Bruno Senior Center’s 27th Anniversary Party

Gloria Deeter and the Nutrition Site volunteers will create most of the meals in January

Gloria Deeter,
Community Service Supervisor

	December-13							Total
	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	
AARP						114		114
Aerobic Exercise	28 25 29 23 13	24 26 23		16	12 10	25 10 18 10		292
Ballroom Dance/Line	19 23 24			2	1		25	74
Bingo	53 53 53 55 55		66 87 64	120 118	109 66 54	88		1041
Birthdays Club		57						57
Bocce								0
Bridge								0
Ceramics	13 15 15							0
Computers	7 6 8 5 5 4 4 3 4	4 4 3 4	9 6 6 6	4 6 7 5 5 4 9 10				91
Current Events			8 8					16
Driver Safety								0
Gardening								10
Health/Eyeglass/Spkr								21
HICAP								6
Hiking/Walking	15 12 14 15 14	3 2	17 20 19		12 16 18 12			184
Horseshoes			14 22 22					58
Knitting								50
Stained Glass								32
Movie/Singing/Karaoke	8 8 10 7				21			54
Oil Painting								67
Pedro								188
Pilates	17 12 14							43
Pool	14 12 14 10 16	16 12 17	12 12 16 17	20 20 21 18	16 14 12 15			304
Softball/Ping Pong				14 15 13 11	10 10 10 7			90
Spanish		21 18 18						57
Special Event								530
Famous Faces & Places	10 11 12				65 235			33
Tai Chi			3 5 6					14
Tap Dance	10 6 6							22
Taxes								0
Trips	46							181
Ukulele		17 24						46
Western Line		14 15 17						171
Writing		17 24 27						40
Yoga/Qi Gong	12 12 12							97
Total	187 218 187 108	134 118 137 203	271 194 224 179	278 250 146 197	174 190 314 154	114 0 0	25 46 63	98

DRAFT

SPECIAL EVENTS COMMITTEE

January 6, 2014

Members in attendance were Dorothy Carmichael, Raoul Epling, Marie Samora and Elisa Gerald. Mary Tessier took the minutes.

1. Minutes from the December meeting were accepted as written.
2. **Sunday Programs:** The First Sunday Line Dance in December had 25 people. 63 people attended the Third Sunday Dance. There were 74 people at the Last Sunday Dance.
3. **Trips:** Barbara organized a Red Hawk casino trip in January and a Cache Creek trip in February. June Wydler will be the escort on these trips. June had a very successful Christmas Reno trip with 46 people. The trip profited \$548 for the Senior Center. Dorothy had 24 people on the New Year's trip to Palm Springs for a profit of \$460. The Follies Show was excellent. Dorothy has a trip to see the Peking Acrobats in January, "Gentleman Prefer Blonds" show in February and a St. Patrick's Show at the Irish Cultural Center in March. She also has an overnight planned to the Blossom Trail Festival.
4. **Birthday Club:** There were 57 people at the Birthday Club Dinner in December for a profit of \$102. There were no cancellations at this month's dinner. The total profit from the Birthday Dinners in 2013 was \$1202.
5. **Holiday Parties:** The Christmas Party on December 20th sold out with 235 people. The New Year's Party also sold out with 230 people. Everyone seemed to enjoy all the festivities. The different placemats worked well for the salmon and beef meals. The "Knights of Nostalgia" band was good, but this may be the last year we use them. We will be ready for a band change next year. There was a rush to get out the champagne and cider for the toast. Next year we will try putting a bottle of champagne and cider at the table and assign a table captain to pour. We will skip the wine. The decorations and table arrangement worked out great.
6. **Upcoming Parties:** On January 15th we will have our 27th Anniversary Celebration. We will use the Bob Gutierrez Extended Band for dancing. The Committee thought we should try to book the "Ron Borelli Trio" instead of the "Full House Band" for Valentine's Day. We will use Kathy & Joe for Mardis Gras and "Swing Shift" for the St. Patrick's Party.
7. **Meeting Schedule:** There was discussion about how often the Committee should meet, since it is getting more difficult to get all the Committee members together. After discussion the group thought that an every other month meeting should be sufficient to address the special event programs. *The Committee recommends that meetings be held on every odd month in 2014.*
8. **The next Special Events Meeting will be on Monday March 3, 2014 at 1:00 PM.**