



AGENDA
SENIOR CITIZENS ADVISORY BOARD
Tuesday, December 16, 2014 • 9:00 a.m.
San Bruno Senior Center, 1555 Crystal Springs Road

WELCOME TO OUR ADVISORY BOARD MEETING

If you wish to speak on an item under discussion by the Board and appearing on the agenda, you may do so upon receiving recognition from the Board Chair. If you wish to speak on a matter not appearing on the agenda, you may do so during PUBLIC COMMENT. In compliance with the American Disabilities Act, individuals requiring accommodation for this meeting should notify us 48 hours prior to the meeting (616-7150).

1. **CALL TO ORDER:**
2. **ROLL CALL/ PLEDGE OF ALLEGIANCE:**
3. **ANNOUNCEMENTS:**
4. **PRESENTATIONS:**
5. **REVIEW OF AGENDA:**
6. **APPROVAL OF MINUTES:** Approve Minutes of the November 18, 2014 meeting
7. **PUBLIC COMMENT ON ITEMS NOT ON AGENDA:** (Note: Board policy is to refer matters raised in this forum to staff for investigation and/or action where appropriate. State Law, known as the "Brown Act", prohibits Board from discussing or acting upon any matter that is not on the agenda. Non-agenda issues rose by members of the public or by the Board may, at the discretion of the Board, be scheduled for consideration at future meetings.)
8. **CONDUCT OF BUSINESS:**
 - a. Treasurer's Report
 - b. Presentation of California Highway Patrol's Safety Compliance Report on the Senior Center Bus - Oral
 - c. Reconfirmation of Monthly Report Format
9. **CORRESPONDENCE:**
10. **COMMENTS FROM BOARD MEMBERS:**
11. **AGENDA BUILDING:**
 - a. Nomination and Election of Board Members
12. **ADJOURNMENT:**

**** POSTED PURSUANT TO LAW ****

**Senior Advisory Board Trust Fund Report
November, 2014**

Checking Account Balance 10/31/2014	\$ 23,840.59	
Income checking account	\$ 0.21	
Checks	\$ (1,150.00)	
Fees	<u>\$ (6.00)</u>	
Checking Account Balance 11/30/2014		\$ 22,684.80
Amount held at City of San Bruno prior 7/1/2013		\$ 103,932.20
Amount held at City of San Bruno fiscal year 2013-2014		\$ 24,184.45
Amount deposited to City since 7/1/2014	\$ 5,331.69	
Deposit made to City account November	\$ 315.25	
Deposit made to City account November	\$ 107.50	
Deposit made to City account November	\$ 148.79	
Amount deposited to City this fiscal year		\$ 5,903.23
TOTAL NET WORTH NOVEMBER 30, 2014		\$ 156,704.68



CITY OF SAN BRUNO
COMMUNITY SERVICES DEPARTMENT

DATE: December 16, 2014
TO: Senior Advisory Board
FROM: Danielle Brewer, Community Services Superintendent
SUBJECT: Reconfirmation of Monthly Report Format

DISCUSSION:

Staff will begin providing monthly Classes and Activities, Information and Referral and Nutrition reports to the Senior Advisory Board. The format will be simple to read and evaluate. Staff will also provide at the July meeting, the year-end report which will include a bar graph comparison from previous years. Provided are the monthly reports for November in the format which will be used moving forward.

FISCAL IMPACT:

None.

ATTACHMENTS:

1. November Class Participation Report
2. November Information & Referral Report
3. November Nutrition Report

	November-14																														Total				
	Mon				Tues				Wed				Thurs				Fri				Sat				Sun										
	3	10	17	24	4	11	18	25	5	12	19	26	6	13	20	27	7	14	21	28	1	8	15	22	2	9	16	23	30						
AARP														16								109										125			
Ballroom Dance					19	C	23	16												C										41	53	62	214		
Bingo	60	50	54	56		L			66	65	78	63	144	159	152		69	55	59	L													1130		
Birthday Club						O	63													O													63		
Bocce	40	40	40		40	S	38										40		7	S													245		
Bridge/Board Games					4	E	4										4	4		E													16		
Ceramics	13	12	15	16		D														D													56		
Computers	8	12	8	9	3		5	4	6	15	11	7	3	4	5		7	5	6														118		
Current Events									10	8	9					C				L													27		
Driver Safety																L																		0	
Exercise					30		29						16	12	11	O																	98		
Gardening																S	9	9	7															25	
Presentations										10				1		E																		11	
Eyeglass Repair						C					7					D																		7	
Blood Pressure						L																15												15	
HICAP					2	O																												2	
Hiking/Walking	18	16	18	18		S			18	19	16	17					15	14	15															184	
History and Music						E																												0	
Horseshoes						D			24	24		20																						68	
Karaoke	14	10	11	14	14																													63	
Knitting																		10	9	9														28	
Line Dancing									39	39	29	20																						127	
Living Well with Chronic Conditions																C																		0	
Movie																L	10																	10	
Musical Theater	8	10	7	9												O																		34	
Oil Painting													21	19	19	S																		59	
Poetry																E																		0	
Pedro													56	52	48	D																		156	
Pilates	11	15	13	16																														55	
Ping Pong						C											6	5	7															18	
Pool	14	12	14	14	18	L	15	17	10	12	16	13	16	16	16		14	12	12															241	
Qi Gong						O			10	11	13																							34	
Singing						S																12												12	
Sit & Workout					8	E	7																											15	
Softball						D							21	13	7																			41	
Spanish					19		18																												37
Special Event/Party								230											75															305	
Stained Glass									10	10	11	8																						39	
Famous Faces & Places	10	11	13	10						4	4	8																						44	
Tai Chi																																			16
Tap Dance	7	10	10	10																															37
Taxes																																			0
Trips																							40												40
Ukulele					18		16																												34
Writing													5	8	8																			21	
Yoga	12	10	14	14									19	17	22																			108	
Zumba	40	12	41	40													25	21	21															200	
Total	255	220	258	226	175	0	218	267	197	214	201	148	301	301	304	0	209	221	198	0	0	109	0	0	0	0	41	0	53	0	62	4178			

Nov-14

DAY	DATE	total number of hot meals+salads PREPARED	total number of hot meals SERVED	Salads SERVED	total number of hot meals plus salads SERVED	TOTAL\$ AMT NON SR DONATIONS
Mon	3	100	93	4	97	3.50
Tues	4	80	66	11	77	7.00
Wed	5	120	109	8	117	7.00
Thur	6	65	53	8	61	7.00
Fri	7	100	90	8	98	3.00
Mon	10	100	91	7	98	7.00
Tues	11				0	
Wed	12	125	108	15	123	7.00
Thur	13	65	55	6	61	7.00
Fri	14	85	82	2	84	7.00
Mon	17	120	108	11	119	7.00
Tues	18	80	69	11	80	14.00
Wed	19	150	137	10	147	10.50
Thur	20	70	62	6	68	7.00
Fri	21	85	77	7	84	7.00
Mon	24	110	97	9	106	7.00
Tues	25	185	184		184	
Wed	26	110	91	15	106	7.00
Thur	27				0	
Fri	28				0	
Mon					0	
Tues					0	
Wed					0	
Thur					0	
Fri					0	
TOTAL						
		1750	1572	138	1710	115.00

	July	August	September	October	November	December	January	February	March	April	May	June
Housing	3	7	3	2	4							
Health	2	1	0	2	0							
Social Worker Referrals	1	1	0	0	0							
Legal	1	2	1	2	1							
Community Outreach	2	0	0	0	0							
Shopping/Food	2	3	4	2	0							
Aging and Adult	0	3	1	2	1							
Info & Referral	0	4	7	8	8							
Welfare Check	0	0	0	0	1							
Insurance	0	1	2	1	3							
General	10	5	4	3	4							
	21	27	22	22	22	0	0	0	0	0	0	0

PROGRAM COMMITTEE

December 8, 2014

Members in attendance were Carmen Attard, Bill Goff and Tammy Manini. Mary Tessier took the minutes.

1. Minutes for the October meeting were approved as written.

The movie group enjoyed "Labor Day". The **Movies** for the next two months will be "Chef" and "Malificent". Other movie ideas are "Non-Stop", "The Hundred-Foot Journey" and "Sweetwater".

2. **Programs:** The Mills Peninsula Senior Focus program will go back to the old format of blood pressure and glucose readings starting in January 2015. The 2015 health calendars from Senior Focus are now available at the front desk.

Kathy Schmidt will no longer be teaching the Wednesday afternoon Line Dance class. Mary and Kathy are working to get Allen Isidro to take over the class.

Adam will no longer be teaching the "Famous Faces and Places" class. He accepted a job at a school. There are no plans to fill that class at this point. The appointment book for taxes will come out in the beginning of January. Mary will have to figure out what to do with all the Tuesday classes once the tax preparation program begins.

3. **Presentations:** The San Bruno Police Department held a very informative Pedestrian Safety presentation in October. The Fall Prevention class in October also went well with eight people in attendance. Ten people attended the presentation on Hearing Loss and Hearing Aids. No one pre-registered for the "Gift Wrapping Day" in December, so it was cancelled. Mary presented information on In-Home Care Assistance. The information presented by a representative from Home Care Professionals would include all the general information on what to look for when hiring a caregiver. ***The committee recommends that we schedule a presentation on Home Care Assistance.***

Mary has not heard back from Dena Gunning from the San Bruno EOC about an Emergency Preparedness presentation. She will look into another source and schedule something in 2015.

4. ***The next Program Committee meeting will be Monday FEBRUARY 9, 2015 at 10:30 a.m.***