

Volunteer Opportunity Description Form

Position Title: Volunteer Instructor

Supervisor: Mary Tessier

How you can contribute: Provide safe, fun, and enriching programs to local seniors.

Volunteer Tasks: Remind seniors to sign in on daily class attendance sheet. Provide classes with an enriching curriculum for appropriate ability levels. Allow for adaptations based on participants' comfort levels. Collect donations for class and submit them to the receptionist desk.

Helpful prior experience: Previous teaching experience desired, ability to assemble an organized and appropriate curriculum required.

Training: Instructors will receive training on the sign in and donation collection process. If needed, they can receive training regarding sound equipment for class use.

Benefits for San Bruno Senior Center: Allows the continual offering of low cost or free high quality programming to local seniors and providing a variety of recreational activities.